

Thursday, March 26

“Jesus is ‘the stone you builders rejected, which has become the cornerstone.’ Salvation is found in no one else...” —*Acts 4:11-12*

Friday, March 27

“Yes, you know me, and you know where I am from. I am not here on my own authority, but he who sent me is true.” —*John 7:28*

Saturday, March 28

Then Peter came to Jesus and asked, “Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?” Jesus answered, “I tell you, not seven times, but seventy-seven times.” —*Matthew 18:21-22*

March 29—Fifth Sunday of Lent

“The joy of the gospel fills the hearts and lives of all who encounter Jesus... With Christ joy is constantly born anew.” —*Pope Francis*

Monday, March 30

“The most important [commandment],” answered Jesus, “is this: ‘Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’” —*Mark 12:29-30*

Tuesday, March 31

Where then does wisdom come from? Where does understanding dwell?... God understands the way to it and he alone knows where it dwells... —*Job 28:20, 23*

Wednesday, April 1

For he must reign until he has put all his enemies under his feet. The last enemy to be destroyed is death. —*1 Corinthians 15:25-26*

Thursday, April 2

“Do not worry about your life, what you will eat; or about your body, what you will wear. For life is more than food, and the body more than clothes.” —*Luke 12:22-23*

Friday, April 3

Do not hide your face from me, do not turn your servant away in anger; you have been my helper. —*Psalms 27:9*

Saturday, April 4

Do not forget to do good and to share with others, for with such sacrifices God is pleased. —*Hebrews 13:16*

April 5—Palm Sunday

The crowds that went ahead of him and those that followed shouted, “Hosanna to the Son of David! Blessed is he who comes in the name of the Lord!” —*Matthew 21:9*

April 6—Monday of Holy Week

“Who do you say I am?” [Jesus asked]

Peter answered, “You are the Messiah.” —*Mark 8:29*

April 7—Tuesday of Holy Week

“You are already clean because of the word I have spoken to you. Remain in me, as I also remain in you.” —*John 15:3*

April 8—Wednesday of Holy Week

“The reason I was born and came into the world is to testify to the truth. Everyone on the side of truth listens to me.” —*John 18:37*

April 9—Holy Thursday

And he took bread, gave thanks and broke it, and gave it to them, saying, “This is my body given for you; do this in remembrance of me.” —*Luke 22:19-20*

April 10—Good Friday

From noon until three in the afternoon darkness came over all the land. About three in the afternoon Jesus cried out in a loud voice, “*Eli, Eli, lema sabachthani?*” (which means “My God, my God, why have you forsaken me?”).

And when Jesus had cried out again in a loud voice, he gave up his spirit. —*Matthew 27:45-46, 50*

April 11—Holy Saturday

“I have swept away your offenses like a cloud, your sins like the morning mist. Return to me, for I have redeemed you.” —*Isaiah 44:22*

Easter Sunday

While they were still talking about this, Jesus himself stood among them and said to them, “Peace be with you.” He told them, “This is what is written: The Messiah will suffer and rise from the dead on the third day, and repentance for the forgiveness of sins will be preached in his name to all nations, beginning at Jerusalem. You are witnesses of these things. I am going to send you what my Father has promised; but stay in the city until you have been clothed with power from on high.” —*Luke 24:36, 45-49*



Maryknoll Sisters
Making God's Love Visible

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*Scriptural Prayer Guide for
Lent 2020*



Compliments of the Maryknoll Sisters

Introduction

At Easter, we celebrate the greatest gift ever given—our salvation, freely given by Christ through his own body and blood, a sacrifice to atone for our sins.

During Lent, we prepare ourselves spiritually to continue accepting that gift. We examine our lives and try to see how we can make ourselves more worthy of it... and more grateful for it.

In this booklet, you will find a scripture passage or a quote for each day of Lent, from Ash Wednesday to Easter. When you say your prayers each day, please read the appropriate passage and spend a few minutes reflecting on it and thinking about how it relates to your own life, experiences, and faith.

We Maryknoll Sisters wish you a spiritually productive Lent, followed by a truly joyful Easter!

Sister Anastasia



“May all the joys of the Resurrection, after a Lent rich in your atoning love of Christ, fill every heart on Easter Day!”

~Mother Mary Joseph Rogers, Letter to “My dear Daughters in Christ,” February 15, 1936, *Discourses*, p. 120

February 26—Ash Wednesday

Jesus went into Galilee, proclaiming the good news of God. “The time has come,” he said. “The kingdom of God has come near. Repent and believe the good news!” —*Mark 1:14-15*

Thursday, February 27

“Whoever serves me must follow me; and where I am, my servant also will be. My Father will honor the one who serves me.” —*John 12:26*

Friday, February 28

“Return to me,” declares the Lord Almighty, “and I will return to you.” —*Zechariah 1:3*

Saturday, February 29

God demonstrates his own love for us in this: While we were still sinners, Christ died for us. —*Romans 5:8*

March 1—First Sunday of Lent

“Lent comes providentially to reawaken us, to shake us from our lethargy.” —*Pope Francis*

Monday, March 2

“Blessed are the merciful, for they will be shown mercy.” —*Matthew 5:7*

Tuesday, March 3

“But go and learn what this means: ‘I desire mercy, not sacrifice.’ For I have not come to call the righteous, but sinners.” —*Matthew 9:13*

Wednesday, March 4

“Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it.” —*Mark 10:15*

Thursday, March 5

“Jesus thirsts even now, in your heart and in the poor... He wants only your love, wants only the chance to love you.” —*Saint Teresa of Calcutta*

Friday, March 6

So then, dear friends... make every effort to be found spotless, blameless and at peace with him. Bear in mind that our Lord’s patience means salvation... —*2 Peter 3:14-15*

Saturday, March 7

For the Lord your God is gracious and compassionate. He will not turn his face from you if you return to him. —*2 Chronicles 30:9*

March 8—Second Sunday of Lent

“Nothing, how little so ever it be, if it is suffered for God’s sake, can pass without merit in the sight of God.” —*Thomas a Kempis*

Monday, March 9

“Love your enemies, do good to them, and lend to them without expecting to get anything back. Then your reward will be great, and you will be children of the Most High...” —*Luke 6:35-36*

Tuesday, March 10

The Lord is not slow in keeping his promise... Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance. —*2 Peter 3:9*

Wednesday, March 11

“All those who exalt themselves will be humbled, and those who humble themselves will be exalted.” —*Luke 18:14*

Thursday, March 12

And to man he said, “Behold, the fear of the Lord is wisdom; and avoiding evil is understanding.” —*Job 28:28*

Friday, March 13

Jesus said to [the invalid], “Get up! Pick up your mat and walk.” At once the man was cured; he picked up his mat and walked. —*John 5:8*

Saturday, March 14

“The Lord measures out perfection neither by the multitude nor the magnitude of our deeds, but by the manner in which we perform them.” —*Saint John of the Cross*

March 15—Third Sunday of Lent

All the ways of the Lord are loving and faithful toward those who keep the demands of his covenant. —*Psalms 25:10-11*

Monday, March 16

“Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.” —*Matthew 25:40*

Tuesday, March 17

“God, my God... Thou art the Redeemer of souls. Thou art the Liberator of those who believe. Thou art the Hope of those who toil. Thou art the Comforter of those in sorrow.” —*Saint Patrick*

Wednesday, March 18

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. —*1 John 1:9*

Thursday, March 19

You have been a refuge for the poor, a refuge for the needy in their distress, a shelter from the storm and a shade from the heat. —*Isaiah 25:4*

Friday, March 20

“I did not speak on my own, but the Father who sent me commanded me to say all that I have spoken. I know that his command leads to eternal life.” —*John 12:49*

Saturday, March 21

“I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh.” —*Ezekiel 36:26*

March 22—Fourth Sunday of Lent

“Faith in the Resurrection of Jesus says that there is a future for every human being; the cry for unending life which is a part of the person is indeed answered.” —*Pope Benedict XVI*

Monday, March 23

For the Lord is our judge, the Lord is our lawgiver, the Lord is our king; it is he who will save us. —*Isaiah 33:22*

Tuesday, March 24

“Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you... First go and be reconciled to them; then come and offer your gift.” —*Matthew 5:23-24*

Wednesday, March 25

Have mercy on me, O God... Wash away all my iniquity and cleanse me from my sin. —*Psalms 51:1-2*